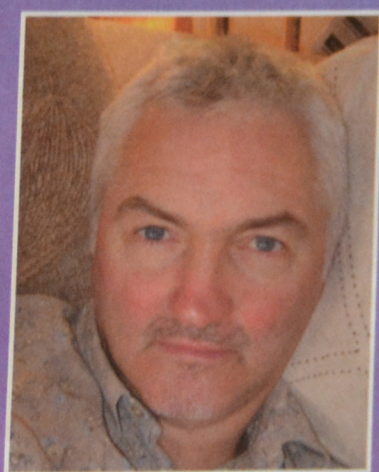


# FOCUS ON *Spiritual Healing*

BY CHRISTINA RHODES

## PART 2



WITH JOHN  
FLANAGAN

Earlier this year I travelled to Glastonbury, reputedly the 'heart centre' of the world, following in the footsteps of countless pilgrims through the ages, dating all the way back to Joseph of Arimathea who is reputed to have visited with his nephew, the boy Jesus. Here in the tranquil grounds surrounding the ruins of Glastonbury Abbey, nestled within the mystical Vale of Avalon, I spoke with Irish Spiritual Healer John Flanagan of the Divine Light Healing Centre. I learnt of his near death experience, during which he was shown his past lives and at which time his Spirit Guides revealed themselves. This 'dark night of the soul' led to his calling as a uniquely gifted Spiritual Healer and insightful guide to sacred sites within Avalon and far beyond.

As I sat in the warmth of the mid-summer sunshine listening to this soft spoken Irishman with his infectious laugh and mischievous twinkling blue eyes talk about his healing work, I felt a definite connection with the Divine. For John has made Spiritual development his life's work and it's obvious that this is something he truly believes in with every fibre of his being, that there is nothing more important to him. John and his American wife Meredith strive to bring a little bit of heaven into the lives of all who come to Glastonbury on a spiritual quest. They offer healing and clean, comfortable accommodation with an emphasis on spirituality. Also, individually tailored guided tours to various sacred sites including private visits to Stonehenge at dawn, to Camelot, Avebury, Tintagel and Stanton Drew Stone Circle. Plus an in-depth tour of Glastonbury itself, including the Holy Thorn tree on Wearyall Hill, the Tor (reputedly the place where the Holy Grail lies hidden), the Chalice Well and the sacred Druid oaks of Gog and Magog. I ask John what it takes to become a Spiritual Healer and how he works on a spiritual level.



**Q What is your personal experience of the Divine? How is divinity manifested in your life?**

The Divine is a point of consciousness within each and every one of us. When we overcome our attachment to the five physical senses, we begin to communicate with that essence, the Divine within us. This will be experienced at a deeper level in meditation and periods of stillness. The deeper the

communication, the more it reflects in the world. For example, in my life it brings a sense of peace and understanding, a greater ability not to react to the things of the world.

So, really there is no such thing as a teacher or guru, you are that teacher or guru, for the very thing you seek, you are! The very thing you are seeking in the world you already are. The purpose of life is to discard what you love and then to become who you really are.

**Q Do you use crystals or colour therapy in the course of your healing work?**

I like crystals and I have a selection of them in my healing sanctuary. I don't use them as part of the healing process, but I do work with colour. I am shown colours to put inside the auric or energy field. Colour carries a vibration and aids healing as it stays with the person for some time after the session. It forms a link through the different levels right down to the physical.

**Q If you see that someone has a damaged aura, how would you correct this? Is this done by the power of thought or by the 'laying on' of hands?**

I see the aura clearly and in each individual case I will be shown how to work, how to manipulate energy. For before I work with an individual I am shown their auric field and where it is damaged by trauma or attachment to either a past life or this present one. I will be shown how to work and how to clear and repair this damage. Some of this can be done by transmission, although this will depend on the client; for others it will be through the 'laying on' of hands or a combination of the two methods. I will also bring the chakras back into balance and into alignment within the 'light' body and the 'subtle' body in and around each individual.

**Q How would you describe the chakras?**

The chakras are spinning discs of energy, there are seven main chakras with many lesser ones. They need to be aligned and moving in the right direction and I will be told if they need to be rebalanced. The chakras become unbalanced if we are too enamoured with the illusion of pain, an attachment to the material world can be an aspect of this.

In essence, the chakras are connections through what is called multi-dimensionality, meaning we exist on many different levels. At the earth level, we are susceptible to all

sorts of mal-influence, which results in our connection to the higher levels becoming strained. It is then difficult to be receptive to guidance from our higher self.

**Q What about the aura, is this a personal energy field?**

Yes, everyone has a personal energy field. It holds our thoughts and emotions for most people, it is a reflection of their state of 'being'. If the auric field is unaligned, the negative energy of others can have a detrimental effect on the aura.

For those on a spiritual path, it is most important to keep those energy fields clear and in balance through meditation, contemplation and prayer.





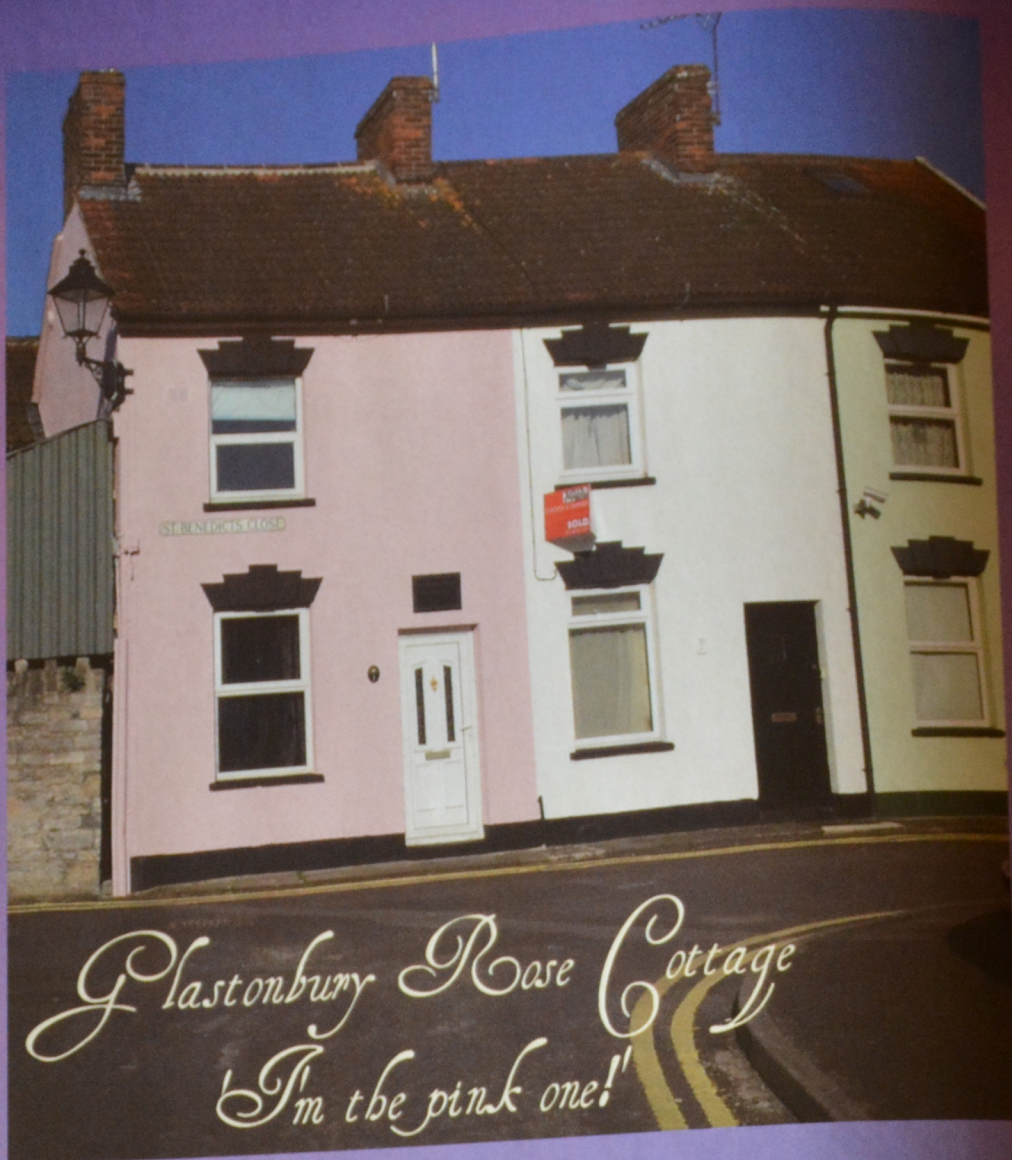
## Q Can you describe your teachers and guides?

My teachers and guides are an extension of myself on another level, for everything is one! I have teachers and guides on another frequency, another level that I work on; everything then passes through to the person seeking healing.

Our teachers and guides are ourselves a moment from now, they are self-realized and that potential exists within each and every one of us. For as we couldn't take the full force of the Godhead, the creative principle, we need mediums at every level to help awaken us to who and what we really are. We should never give our power away to them, as there will come a time when a true teacher will step aside so that deeper self-realization can take place, but being in their presence can elevate our own spiritual growth.

My own teachers on the other side of the veil are a link between the Godhead and the earth plane. I have a very real and personal relationship with them, through the law of 'oneness'. There is at times a feeling of separation, this can be test, a way to encourage one to stand more securely on one's own feet or it can be that the world of 'dharma' has taken hold too strongly.

Once you go beyond the restrictions of the human mind to see through the third eye, life takes on a whole new dimension. For you leave your comfort zone, you allow



*Glastonbury Rose Cottage*  
*'I'm the pink one!'*

Every day is different, open up to allow things to manifest. We are constantly changing and constantly growing

another faculty within yourself to open, that faculty is the third eye, your intuition, your higher self. The world then takes on a whole new meaning and the things you once would have been enamoured with, you now have no connection with.

If we think along these lines, it really makes us think differently about the process of dying and of the concept of death. For usually when we hear of the death of a friend or family member, we immediately feel this is a bad thing, we feel a sense of loss; but really if we go beyond the illusion of death, the process of dying becomes part of that soul's spiritual growth. Is this what you are saying?

Yes, absolutely, that person still exists, they have merely moved into a 'light' body, which for a while remains close to the earth vibration. Jesus was in his 'light' body after the crucifixion, proving there is no death. So, he was the connection with higher levels after death, by appearing to Mary Magdalene, his wife. She led him to the disciples so a greater degree of realization could and did take place within them, thus proving there is no death, all is one.

## Q So, in fact death is only a progression?

Yes, there is no death, it is a progression and if you believe this spiritual truth all of a sudden you can live in the here and now. You lose fear, which is the biggest barrier to knowing your true self.

## Q What is your personal view of what happens to us at death? Do we leave our human body and assume our spiritual role?

It depends on your point of consciousness when you leave your body and your point of consciousness is your point of knowing yourself. For you can spend 'year in, year out' saving the world, which is, if every teacher (Jesus, Buddha, Mohammed, Krishna et al) who has ever been on the planet has said is merely transitory. So, are you going to spend the rest of your life trying to find out who you really are? For that will determine where you go and how you come back. For the degree of self-realization will determine the plane of existence that we move on to and for how long we stay there.



## Q So, again you are saying that we need to seek out who we really are?

'Seek you first the things of God' - seek you first the meaning of who you are! Then you will find everything you need in your life comes to you!

The ancient Greeks called life on earth a 'schoolhouse of learning' and we keep returning and returning until we perfect ourselves and know ourselves. Jesus who became the Christ, Gautama who became the Buddha are one and the same. They are realized states of consciousness and it is that which we should be seeking, never the person. This is where organised religion fails.

## Q Do you offer absent healing?

For those who cannot come to me in person, I can offer distant healing and spiritual counselling by telephone; this service can be accessed via my website. The ideal scenario is for the client to be in the room with me in order to experience the deeper aspects of my work. However, if they wish to work on behaviour patterns, if there are issues they wish to bring to the surface, we can do this through a telephone consultation.

## Q Do you have a message for Horoscope readers?

The advice I give to everyone who comes to me for healing is to take at least fifteen to thirty minutes in silence each day, so they can make a deeper connection with Spirit. After a year or two, you should have worked towards having at least an hour every day to be alone, for in that solitary state of 'being' greater degrees of realization can take place. The touch of spirit is very real. Then you will find that no challenge is too great and you will climb mountains!

## Q Is this a type of meditation?

Yes, it is meditation, it is sitting in silence



and just letting yourself 'be'. It's the most important thing you can do to help yourself and you need to discipline yourself to do this. True meditation is silence! There are other types of contemplative meditation, such as walks in nature etc.

## Q Is this as beneficial as counselling or psychotherapy?

Psychotherapy and counselling can help up to a point, but they may encourage dependence and you may energise the very thing you are trying to get rid of. If you are trying to disengage from an issue, if you are constantly going over it during counselling or psychotherapy sessions, you will energise that very problem until it becomes an elemental which becomes so empowered within you that it is hard, almost impossible, to let it go.

## Q What is the single most powerful instigator of change within society and within ourselves?

The highest vibration is love, it's the highest frequency. When you experience love, you start to work on changing yourself. By changing yourself, you change society and dictatorships will topple. The world is changing and we bring about this change by changing ourselves. Everything is one and we start the process of making the world a better place by changing ourselves for the better.

## Q Looking to the future, you have been through a lot to get to the point where you are now. You have suffered, you have overcome adversity, how do you see the way forward?

I live each day as it comes; I get up each

morning and face the world with a smile on my face. When I came back from my near death experience, I was told I must take whatever is given to me. I take at least two hours out each day for meditation and I go on retreats periodically to connect with Spirit, but I also like to travel and I like nice things, there's nothing wrong with that, as long as I am not attached to them.

## Q So, it's OK to like material things as long as we don't become attached to them?

Yes, it's the attachment to material things which can form a barrier to spiritual progress, both in desiring them and then when attaining them, the fear of losing them. Your whole life then becomes controlled by them and it becomes very difficult to find inner peace.

## Q How do you see the future for the world in general?

How do I see the future? I am an absolute optimist! I see the future as an incredible future on a personal level and for the world in general. Every day is different, open up to allow things to manifest. We are constantly changing and constantly growing. For the world in general, remember 'the darkest hour is always before the dawn'. I believe we should open up to letting new energy manifest in our lives. We are seeing a lot of upheaval right now, dictatorships are being brought to their knees and negative energies dissipated, there's a whole new world coming. A spiritual world is being born; heaven (spiritual enlightenment) will be established on earth!



## Q Is human consciousness expanding?

As human beings, we tend to go in pursuit of the things of the world, then when they don't bring true happiness or peace of mind, we start to look inward. This is where expansion takes place! For perfection is already in action, we are discarding fear and attachment, we are less enamoured with the material aspects of the world. The world is moving forward and those who do not move with it will be left behind.

## Q What about the established church which has kept people under control until now, for example the Roman Catholic church, will they also progress or will they go into decline as people become empowered?

Only those who move with this change in consciousness will survive. They must allow women to empower themselves, to become priests. Also, I believe that the Roman Catholic Church will allow priests to marry before 2030. All this must be allowed to happen if the established church is to survive.

## Q How do you manage to combine your deep spirituality and healing work with running your successful business as a guide to sacred sites and proprietor of the Divine Light B&B and the Glastonbury Rose self-catering accommodation?

It can be difficult to be in the world and not of it, as you are either fighting the world or trying to be successful in it. I think that whatever has come to me has come through spiritual growth; it has come as a result of a change which has taken place within me.

As long as I meditate and keep the connection with Spirit, I am given the energy and means to cope. I am fortunate too in having the love and

support of Meredith, my wonderful wife, my life-partner and soul mate. We work together, we are a perfect balance of male and female energies, both committed to the spiritual path.

## Q So your needs have been met because you have had faith in Spirit?

This is true every single step of the way! This is demonstrated in the healing work I do, for I am shown what to do. For example, before I take a guided tour I am shown by Spirit how I should work with a particular group of people. It's all about me getting out of the way and allowing Spirit to work through me. For truly, Spirit is the only way forward and Spirit has always looked after me!

## Q Finally, you have stated previously that you believe that Mary Magdalene was the wife of Jesus and that the world can only make real progress through women becoming empowered, tell us more!

Yes, I do believe Mary Magdalene was the wife of Jesus. Their true relationship has been concealed by the established parochial church. Accordingly, Mary was inaccurately depicted as a sinner and a whore. It is very significant that women are now taking back their power, as the earth desperately needs to have the feminine aspect expressed and accentuated in order to regain the balance lost during centuries of parochial suppression. Every institution, religious, political and economic has been male dominated for the last one thousand six hundred years. The male aspect must now surrender to allow the feminine aspect become increasingly more powerful. For this feminine energy enshrines the holistic, intuitive and spiritual aspects that this planet is so in need of in order to move forward to allow the next step in its evolution.

## Next month:

Next Month: Christina Rhodes brings you an exclusive review of the annual UK Tarot Conference at the Thistle Barbican Hotel in London. Read her insights into presentations by Rachel Pollack from the US, as well as home grown Tarot experts John and Caitlin Matthews, Juliet Sharman-Burke, Alfred Douglas, Cilla Conway and Tiffany Crosara. *Horoscope* magazine is the official sponsor of the 10th Anniversary Celebratory UK Tarot Conference 2013! So, do ensure that you reserve your copy of the December issue of *Horoscope* for full details of special offers and prizes for *Horoscope* readers.

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To find out more about the Divine Light Healing Centre and to book an appointment for Spiritual Healing contact John Flanagan on: **01458 835909** or email: [glastonburyrose@lineone.net](mailto:glastonburyrose@lineone.net). Visit: [www.divinelightcentre.co.uk](http://www.divinelightcentre.co.uk) for further details.

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Christina Rhodes is a professional psychic consultant, intuitive counsellor and motivational life & business coach. To book a consultation with Christina telephone: **01843 866861**.

